

## Tips for your Video Assessment

Video Interview Support - Liz - 2016-09-09 - Getting started and tips



When recording the video assessment make sure that your surroundings are well lit and that there isn't any bright lights behind you. Ensure there is little background noise to avoid unnecessary disturbance for yourself and the viewer. Make sure the camera is at eye level and make eye contact as if you are talking to the employer in person. Most importantly, relax and try to let your personality come through when answering the questions.